









Beta Manual Cam Chain Tensioner Part# AB-22009

Fits: 2010+ Beta 4-strokes (except 125 RR-S)

Installation Instructions:

Note: This Manual Cam Chain Tensioner is a replacement for the OEM hydraulic tensioner, & should only be installed by an experienced mechanic. Clean & dry the bike & engine before beginning installation.

- 1. Remove the seat, side panels, & gas tank with radiator side panels, disconnect the battery.
- 2. Remove engine valve cover & spark plug, select transmission 4th gear to turn the engine.
- 3. Turn the engine until TDC (top dead center) is reached on the power stroke.
- 4. The cam lobes should be at 10 & 2 o'clock position at TDC on the compression stroke, fig 2.
- 5. Check that the ignition timing marks are set correctly on camshaft gear sprockets, fig 3.
- 6. Measure valve clearances & if necessary, adjust valve lash per factory specifications.
- 7. Use a 21mm wrench to remove the stock cam chain tensioner, along with its o-ring.
- 8. Remove this o-ring & install it on the new manual cam chain tensioner, as shown in fig 1.
- 9. Insert a shaft into cam chain tensioner port & apply tension onto the cam chain.
- 10. Re-check that ignition timing marks are still aligned on camshaft gear sprockets, fig 3.
- 11. Before installing the manual cam chain tensioner, check that its center steel adjuster is fully screwed (recessed) into the aluminum body.
- 12. Screw aluminum cam chain tensioner body into the engine barrel, fig 4.
- 13. The center steel adjuster should not be touching the timing chain at this point.
- 14. Torque the 21mm aluminum cam chain tensioner body onto the barrel to 25nm.
- 15. Screw the 8mm end of center steel adjuster inwards by hand until it's finger tight which will manually take out any initial slack in the timing chain.
- 16. 1-2 more turns inwards on the 8mm steel adjuster may be needed for correct chain tension, & to ensure there's no sideways movement of the timing chain on the cam sprocket.
- 17. Once the chain tension is set (with camshaft gear sprocket marks positioned correctly), hold the 8mm end of the steel adjuster with a wrench & tighten the 19mm locknut.
- 18. Re-check the tension on the timing chain, & re-adjust tension if necessary.
- 19. Mark tensioner body & steel adjuster with a sharpie for a future reference point.
- 20. Install valve cover, spark plug, gas tank, reconnect battery, select neutral, & start the engine.
- 21. If the cam chain is too slack it will clatter, if it's too tight it will make a "whirring" noise.
- 22. Too-tight timing chain tension causes loss of power, stress on bearings, chain, gears, etc. Too-slack timing chain tension risks the timing chain possibly jumping the cam sprockets, altering the valve timing & causing severe valve & cylinder damage.
- 23. Check cam chain tension every 30-40 hours of run time or when checking valves.